

20km

Zeit	MU16	MU18	MU20	Männer	M35	M40	M45	M50	M55	M60	M65	M70	M75	M80
01:16:10				150										
01:16:30				149										
01:16:50				148										
01:17:10				147										
01:17:30				146										
01:17:50				145										
01:18:10				144										
01:18:30				143										
01:18:50				142										
01:19:10				141										
01:19:30				140										
01:19:50				139	150									
01:20:10				138	149									
01:20:30				137	148									
01:20:50				136	147									
01:21:10				135	146									
01:21:30				134	145									
01:21:50			150	133	144									
01:22:10			149	132	143									
01:22:30			148	131	142									
01:22:50			147	130	141									
01:23:10			146	129	140									
01:23:30			145	128	139									
01:23:50			144	127	138	150								
01:24:10			143	126	137	149								
01:24:30			142	125	136	148								
01:24:50			141	124	135	147								
01:25:10			140	123	134	146								
01:25:30			139	122	133	145								
01:25:50			138	121	132	144								
01:26:10			137	120	131	143								
01:26:30			136	119	130	142	150							
01:26:50			135	118	129	141	149							
01:27:10			134	117	128	140	148							
01:27:30			133	116	127	139	147							
01:27:50			132	115	126	138	146							
01:28:10			131	114	125	137	145							
01:28:30			130	113	124	136	144							
01:28:50			129	112	123	135	143							

20km

Zeit	MU16	MU18	MU20	Männer	M35	M40	M45	M50	M55	M60	M65	M70	M75	M80
01:29:10		150	128	111	122	134	142							
01:29:30		149	127	110	121	133	141							
01:29:50		148	126	109	120	132	140							
01:30:10		147	125	108	119	131	139							
01:30:30		146	124	107	118	130	138							
01:30:50		145	123	106	117	129	137	150						
01:31:10		144	122	105	116	128	136	149						
01:31:30		143	121	104	115	127	135	148						
01:31:50		142	120	103	114	126	134	147						
01:32:10		141	119	102	113	125	133	146						
01:32:30		140	118	101	112	124	132	145						
01:32:50		139	117	100	111	123	131	144						
01:33:10		138	116	99	110	122	130	143						
01:33:30		137	115	98	109	121	129	142						
01:33:50		136	114	97	108	120	128	141						
01:34:10		135	113	96	107	119	127	140						
01:34:30		134	112	95	106	118	126	139						
01:34:50		133	111	94	105	117	125	138	150					
01:35:10		132	110	93	104	116	124	137	149					
01:35:30		131	109	92	103	115	123	136	148					
01:35:50		130	108	91	102	114	122	135	147					
01:36:10		129	107	90	101	113	121	134	146					
01:36:30		128	106	89	100	112	120	133	145					
01:36:50		127	105	88	99	111	119	132	144	150				
01:37:10		126	104	87	98	110	118	131	143	149				
01:37:30		125	103	86	97	109	117	130	142	148				
01:37:50		124	102	85	96	108	116	129	141	147				
01:38:10		123	101	84	95	107	115	128	140	146				
01:38:30		122	100	83	94	106	114	127	139	145				
01:38:50		121	99	82	93	105	113	126	138	144				
01:39:10		120	98	81	92	104	112	125	137	143				
01:39:30		119	97	80	91	103	111	124	136	142				
01:39:50		118	96	79	90	102	110	123	135	141				
01:40:10	150	117	95	78	89	101	109	122	134	140				
01:40:30	149	116	94	77	88	100	108	121	133	139				
01:40:50	148	115	93	76	87	99	107	120	132	138	150			
01:41:10	147	114	92	75	86	98	106	119	131	137	149			
01:41:30	146	113	91	74	85	97	105	118	130	136	148			
01:41:50	145	112	90	73	84	96	104	117	129	135	147			

20km

Zeit	MU16	MU18	MU20	Männer	M35	M40	M45	M50	M55	M60	M65	M70	M75	M80
01:42:10	144	111	89	72	83	95	103	116	128	134	146			
01:42:30	143	110	88	71	82	94	102	115	127	133	145			
01:42:50	142	109	87	70	81	93	101	114	126	132	144			
01:43:10	141	108	86	69	80	92	100	113	125	131	143			
01:43:30	140	107	85	68	79	91	99	112	124	130	142			
01:43:50	139	106	84	67	78	90	98	111	123	129	141			
01:44:10	138	105	83	66	77	89	97	110	122	128	140			
01:44:30	137	104	82	65	76	88	96	109	121	127	139			
01:44:50	136	103	81	64	75	87	95	108	120	126	138			
01:45:10	135	102	80	63	74	86	94	107	119	125	137			
01:45:30	134	101	79	62	73	85	93	106	118	124	136			
01:45:50	133	100	78	61	72	84	92	105	117	123	135			
01:46:10	132	99	77	60	71	83	91	104	116	122	134			
01:46:30	131	98	76	59	70	82	90	103	115	121	133			
01:46:50	130	97	75	58	69	81	89	102	114	120	132			
01:47:10	129	96	74	57	68	80	88	101	113	119	131			
01:47:30	128	95	73	56	67	79	87	100	112	118	130			
01:47:50	127	94	72	55	66	78	86	99	111	117	129			
01:48:10	126	93	71	54	65	77	85	98	110	116	128			
01:48:30	125	92	70	53	64	76	84	97	109	115	127			
01:48:50	124	91	69	52	63	75	83	96	108	114	126			
01:49:10	123	90	68	51	62	74	82	95	107	113	125			
01:49:30	122	89	67	50	61	73	81	94	106	112	124			
01:49:50	121	88	66	49	60	72	80	93	105	111	123			
01:50:10	120	87	65	48	59	71	79	92	104	110	122			
01:50:30	119	86	64	47	58	70	78	91	103	109	121			
01:50:50	118	85	63	46	57	69	77	90	102	108	120			
01:51:10	117	84	62	45	56	68	76	89	101	107	119			
01:51:30	116	83	61	44	55	67	75	88	100	106	118			
01:51:50	115	82	60	43	54	66	74	87	99	105	117			
01:52:10	114	81	59	42	53	65	73	86	98	104	116			
01:52:30	113	80	58	41	52	64	72	85	97	103	115			
01:52:50	112	79	57	40	51	63	71	84	96	102	114			
01:53:10	111	78	56	39	50	62	70	83	95	101	113			
01:53:30	110	77	55	38	49	61	69	82	94	100	112			
01:53:50	109	76	54	37	48	60	68	81	93	99	111			
01:54:10	108	75	53	36	47	59	67	80	92	98	110			
01:54:30	107	74	52	35	46	58	66	79	91	97	109			
01:54:50	106	73	51	34	45	57	65	78	90	96	108			

20km

Zeit	MU16	MU18	MU20	Männer	M35	M40	M45	M50	M55	M60	M65	M70	M75	M80
01:55:10	105	72	50	33	44	56	64	77	89	95	107			
01:55:30	104	71	49	32	43	55	63	76	88	94	106			
01:55:50	103	70	48	31	42	54	62	75	87	93	105	150		
01:56:10	102	69	47	30	41	53	61	74	86	92	104	149		
01:56:30	101	68	46	29	40	52	60	73	85	91	103	148		
01:56:50	100	67	45	28	39	51	59	72	84	90	102	147		
01:57:10	99	66	44	27	38	50	58	71	83	89	101	146		
01:57:30	98	65	43	26	37	49	57	70	82	88	100	145		
01:57:50	97	64	42	25	36	48	56	69	81	87	99	144		
01:58:10	96	63	41	24	35	47	55	68	80	86	98	143		
01:58:30	95	62	40	23	34	46	54	67	79	85	97	142		
01:58:50	94	61	39	22	33	45	53	66	78	84	96	141		
01:59:10	93	60	38	21	32	44	52	65	77	83	95	140		
01:59:30	92	59	37	20	31	43	51	64	76	82	94	139		
01:59:50	91	58	36	19	30	42	50	63	75	81	93	138		
02:00:10	90	57	35	18	29	41	49	62	74	80	92	137		
02:00:30	89	56	34	17	28	40	48	61	73	79	91	136		
02:00:50	88	55	33	16	27	39	47	60	72	78	90	135		
02:01:10	87	54	32	15	26	38	46	59	71	77	89	134		
02:01:30	86	53	31	14	25	37	45	58	70	76	88	133		
02:01:50	85	52	30	13	24	36	44	57	69	75	87	132		
02:02:10	84	51	29	12	23	35	43	56	68	74	86	131		
02:02:30	83	50	28	11	22	34	42	55	67	73	85	130		
02:02:50	82	49	27	10	21	33	41	54	66	72	84	129		
02:03:10	81	48	26	9	20	32	40	53	65	71	83	128		
02:03:30	80	47	25	8	19	31	39	52	64	70	82	127		
02:03:50	79	46	24	7	18	30	38	51	63	69	81	126		
02:04:10	78	45	23	6	17	29	37	50	62	68	80	125		
02:04:30	77	44	22	5	16	28	36	49	61	67	79	124		
02:04:50	76	43	21	4	15	27	35	48	60	66	78	123		
02:05:10	75	42	20	3	14	26	34	47	59	65	77	122		
02:05:30	74	41	19	2	13	25	33	46	58	64	76	121		
02:05:50	73	40	18	1	12	24	32	45	57	63	75	120	150	
02:06:10	72	39	17		11	23	31	44	56	62	74	119	149	
02:06:30	71	38	16		10	22	30	43	55	61	73	118	148	
02:06:50	70	37	15		9	21	29	42	54	60	72	117	147	
02:07:10	69	36	14		8	20	28	41	53	59	71	116	146	
02:07:30	68	35	13		7	19	27	40	52	58	70	115	145	
02:07:50	67	34	12		6	18	26	39	51	57	69	114	144	

20km

Zeit	MU16	MU18	MU20	Männer	M35	M40	M45	M50	M55	M60	M65	M70	M75	M80
02:08:10	66	33	11		5	17	25	38	50	56	68	113	143	
02:08:30	65	32	10		4	16	24	37	49	55	67	112	142	
02:08:50	64	31	9		3	15	23	36	48	54	66	111	141	
02:09:10	63	30	8		2	14	22	35	47	53	65	110	140	
02:09:30	62	29	7		1	13	21	34	46	52	64	109	139	
02:09:50	61	28	6			12	20	33	45	51	63	108	138	
02:10:10	60	27	5			11	19	32	44	50	62	107	137	
02:10:30	59	26	4			10	18	31	43	49	61	106	136	
02:10:50	58	25	3			9	17	30	42	48	60	105	135	
02:11:10	57	24	2			8	16	29	41	47	59	104	134	
02:11:30	56	23	1			7	15	28	40	46	58	103	133	
02:11:50	55	22				6	14	27	39	45	57	102	132	
02:12:10	54	21				5	13	26	38	44	56	101	131	
02:12:30	53	20				4	12	25	37	43	55	100	130	
02:12:50	52	19				3	11	24	36	42	54	99	129	
02:13:10	51	18				2	10	23	35	41	53	98	128	
02:13:30	50	17				1	9	22	34	40	52	97	127	
02:13:50	49	16					8	21	33	39	51	96	126	
02:14:10	48	15					7	20	32	38	50	95	125	
02:14:30	47	14					6	19	31	37	49	94	124	
02:14:50	46	13					5	18	30	36	48	93	123	
02:15:10	45	12					4	17	29	35	47	92	122	
02:15:30	44	11					3	16	28	34	46	91	121	
02:15:50	43	10					2	15	27	33	45	90	120	150
02:16:10	42	9					1	14	26	32	44	89	119	149
02:16:30	41	8						13	25	31	43	88	118	148
02:16:50	40	7						12	24	30	42	87	117	147
02:17:10	39	6						11	23	29	41	86	116	146
02:17:30	38	5						10	22	28	40	85	115	145
02:17:50	37	4						9	21	27	39	84	114	144
02:18:10	36	3						8	20	26	38	83	113	143
02:18:30	35	2						7	19	25	37	82	112	142
02:18:50	34	1						6	18	24	36	81	111	141
02:19:10	33							5	17	23	35	80	110	140
02:19:30	32							4	16	22	34	79	109	139
02:19:50	31							3	15	21	33	78	108	138
02:20:10	30							2	14	20	32	77	107	137
02:20:30	29							1	13	19	31	76	106	136
02:20:50	28								12	18	30	75	105	135

20km

Zeit	MU16	MU18	MU20	Männer	M35	M40	M45	M50	M55	M60	M65	M70	M75	M80
02:21:10	27								11	17	29	74	104	134
02:21:30	26								10	16	28	73	103	133
02:21:50	25								9	15	27	72	102	132
02:22:10	24								8	14	26	71	101	131
02:22:30	23								7	13	25	70	100	130
02:22:50	22								6	12	24	69	99	129
02:23:10	21								5	11	23	68	98	128
02:23:30	20								4	10	22	67	97	127
02:23:50	19								3	9	21	66	96	126
02:24:10	18								2	8	20	65	95	125
02:24:30	17								1	7	19	64	94	124
02:24:50	16									6	18	63	93	123
02:25:10	15									5	17	62	92	122
02:25:30	14									4	16	61	91	121
02:25:50	13									3	15	60	90	120
02:26:10	12									2	14	59	89	119
02:26:30	11									1	13	58	88	118
02:26:50	10										12	57	87	117
02:27:10	9										11	56	86	116
02:27:30	8										10	55	85	115
02:27:50	7										9	54	84	114
02:28:10	6										8	53	83	113
02:28:30	5										7	52	82	112
02:28:50	4										6	51	81	111
02:29:10	3										5	50	80	110
02:29:30	2										4	49	79	109
02:29:50	1										3	48	78	108
02:30:10											2	47	77	107
02:30:30											1	46	76	106
02:30:50												45	75	105
02:31:10												44	74	104
02:31:30												43	73	103
02:31:50												42	72	102
02:32:10												41	71	101
02:32:30												40	70	100
02:32:50												39	69	99
02:33:10												38	68	98
02:33:30												37	67	97
02:33:50												36	66	96

